

Programme Specification

Programme title: MPhysiotherapy (Sport and Exercise Medicine)

Academic Year:	2025/26
Degree Awarding Body:	University of Bradford
Partner(s), delivery organisation or support provider (if appropriate):	
Final and interim award(s):	MPhysiotherapy (Sport and Exercise Medicine) [Framework for Higher Education Qualifications (FHEQ) level 7] BSc (Honours) Sport & Exercise Medicine [Framework for Higher Education Qualifications (FHEQ) level 6] BSc (Ordinary) in Health Studies [Framework for Higher Education Qualifications (FHEQ) level 6] Diploma of Higher Education in Health Studies [Framework for Higher Education Qualifications (FHEQ) level 5] Certificate of Higher Education in Health Studies [Framework for Higher Education Qualifications (FHEQ) level 4]
Programme accredited by (if appropriate):	Health & Care Professions Council (HCPC)
External Frameworks/Reference Points (if applicable)	Chartered Society of Physiotherapy (CSP)

Minor Modifications Schedule

1. August 2024: Annual changes for 2024 academic year
2. August 2025: Annual changes for 2024 academic year, including update to teaching hours

Please note: This programme specification has been published in advance of the academic year to which it applies. Every effort has been made to ensure that the information is accurate at the time of publication, but changes may occur given the interval between publishing and commencement of teaching. Any change which impacts the terms and conditions of an applicant's offer will be communicated to them. Upon commencement of the programme, students will receive further detail about their course and any minor changes will be discussed and/or communicated at this point.

Introduction

At the University of Bradford our vision is to inspire the future generation of physiotherapists. Our M-Physiotherapy programme provides a dynamic and diverse learning experience which integrates sports physiotherapy specific modules, preparing graduates for work in the sports sector. Our MPhysiotherapy graduates equally have the required skills, expertise and qualifications to work in any other newly qualified physiotherapy role, be that within the NHS or private healthcare. However, the sports and exercise specific modules develop expertise in exercise prescription, injury management and the promotion of healthy lifestyles, ideally suited to a career in sports and exercise. We are mindful that many graduates pursuing a career in professional sports will start employment in a more general clinical environment and our programme ensures that on qualification students can work across a range of services, sectors and systems.

Sports physiotherapists are primarily involved in the prevention and management of injury resulting from sport and exercise participation. They provide advice on safe participation, promoting an active lifestyle to help all individuals improve and maintain their quality of life and have a role in helping those involved in sport and recreational activity to enhance their performance. A sports physiotherapist demonstrates advanced competencies, while ensuring a high standard of professional and ethical practice. Within professional sport, they also work within sporting organisations to coordinate physiotherapy, injury prevention, rehabilitation, and injury surveillance programmes.

Our guiding values to our approach are:

Trust: We promote a positive culture built on principles of dignity, respect and integrity.

Excellence: Our programme is academically and clinically demanding, and our students are supported to achieve their potential through the excellent academic and pastoral support of our staff who are passionate about their role as educators.

Inclusion: We welcome and value all learners, celebrating personal and cultural difference and fostering a community of belonging.

Innovation: We support learners to work collaboratively across disciplines to design and deliver projects and develop resources that have real world impact.

Our curriculum is designed to develop students' capabilities across the four pillars of advanced practice: clinical, leadership, education and research. In addition to the four pillars of practice the M-Physiotherapy programme has an emphasis on sport and exercise medicine and the inclusion of what could be considered a 'sport and exercise pillar'. Our curriculum delivers a holistic, whole person approach, allowing students to develop into practitioners who can manage individuals with complex, multi-morbidities affecting body systems and athletes at all levels of play. The first year is co-taught with the BSc (Hons) Physiotherapy programme. Sports specific modules are integrated from the second year, beginning with managing sports trauma followed by injury prevention in the third year. The final year comprises two specific modules; enhancing sports performance which has a focus on athletes, and wider determinants of physical activity which has a focus on social, economic and environmental factors that impact physical activity and seeks to develop innovative ways of promoting physical activity across diverse population groups.

Students begin to interact with members of the public from year 1, in our award-winning student-led clinic and through experts by experience supporting teaching. This helps students develop person-centred care and learn first-hand about what service-users expect from care, and how patient preference and expertise informs practice. Students learn about their role in health promotion and proactive, preventative care. This early clinical experience prepares students for placements in subsequent years. Students share interprofessional learning with other Allied Health Professions (AHP), and students from the wider health and social care community of practice. Placements offer students multi-disciplinary working experience,

We help students embrace continuing professional development from the start of their studies, with reflective practice being actively practiced and recorded in a professional portfolio that grows with the student. Students are encouraged to grow leadership skills throughout their student journey, with the leadership pillar of practice being embedded through the programme, starting with leadership of self, leadership of others and leadership of systems. Students develop skills in quality improvement, ensuring they can inform service-design and innovation within practice.

Research is embedded into our programmes, with students learning how to collect and analyse data in year 1, critique research in level 5, developing a research proposal at Level 6 which they will then undertake in the final year. Our staff team include those actively involved in research, and they support and inspire students to grow their passion and skills for research. By mapping our curriculum to the four pillars of practice we feel we are truly preparing students for post-graduate study, as this structure mirrors the provision at the University of Bradford. Specifically, the

focus on research throughout the programme will prepare students to undertake research at post-graduate levels and enable them to contribute to the evidence-base that underpins the profession.

The final year employability module provides support for transitioning to the workplace. Students undertake a final year placement electing to focus on one of the four pillars; this enables students to pursue a focussed placement in one the following areas

- A sports focused placement
- A research placement collaborating with staff
- An education placement developing learning and teaching resources and mentoring and teaching students in clinic
- A leadership placement developing and evaluating clinic services.

Our location in Bradford offers a unique opportunity for students to learn to challenge health-inequalities, and to innovate through prevention and health promotion, leadership and research. We work with local professional, semi-professional and amateur sports clubs.

We deliver an inclusive curriculum that recognises and celebrates difference. Our learning resources are designed to be accessible, and our teaching approaches are designed to enable all learners to achieve. We use inclusive assessment approaches; what this means is our range of assessments reflect real world physiotherapy practice and assessment timings are designed to enable all students to demonstrate their full potential. Physiotherapy is a hands-on profession; what this means is touch is an integral part of physiotherapy assessment and rehabilitation skills. Our practical classes and clinic provide a safe and supportive environment where students develop handling skills through working with each other and working with patients. For various health or cultural reasons some students may choose not to model for certain types of activity, and this is both respected and supported. The programme team challenge traditional physiotherapy teaching practices that have marginalised some people and historically limited their representation within pre-registration programmes and the physiotherapy workforce.

Our programme is supported by a dedicated subject librarian and academic skills support team. Academic skills are built into our programme to support student to develop critical thinking, writing and presentation skills. Students are allocated a personal academic tutor (PAT) in year 1; the PAT is first point of contact for pastoral care and will support students throughout their programme.

We have dedicated specialist teaching spaces which simulate an outpatient department or hospital. There will be a low student ratio in all practical sessions to promote learning and the development of new skills. Students learning and development is enhanced through use of technology. We use a digital platform for sharing learning materials and students explore using a range of software to enhance patient communication. Simulation enhances authentic learning; we use

emerging technologies such as HoloLens which introduces students to augmented reality. Students are introduced to simulated patients developed with experts by experience and other health programmes such as pharmacy through our electronic patient record system. This enables students to engage with holistic and interdisciplinary patient care approaches.

We are working to embed sustainability within our programme. Students on our programmes are well-placed to deliver against the Greener NHS agenda. Our students will grow into practitioners that can prevent ill health, optimise independence and work within systems/new models of care. We have reduced our carbon footprint through greater use digital technology in our teaching and in clinic reducing the need for paper and reducing our reliance on disposable items.

This is a full-time programme. In the first year, time is spent on practice placement (within our own physiotherapy clinic) and is integrated within the teaching timetable. In subsequent years full-time placements (based on a 37.5 -hour working week) are scheduled. This is planned amongst teaching weeks; teaching weeks will normally enable 1-day self-study at home. Attendance at all sessions is expected and is monitored. Where attendance drops below 75% in university-based contact, attendance policies are instigated to support students' engagement with the programme.

Practice placement reflects the work environment students are expected to report absence and an action plan will be triggered if the level of absence risks students failing to meet minimum 1000 hours of practice placement. Due to practice placements the programme extends beyond the standard academic year. Any placements missed are usually undertaken during the summer period.

Our provision is mapped against the University of Bradford Curriculum Framework, the regulatory body for physiotherapy; the Health and Care Professions Council (HCPC) Standards of Education (2023) and Standards of Proficiency (2017), and the professional body, the Chartered Society of Physiotherapy (CSP) Quality Assurance processes (2022) and The Allied Health Professions Strategy for England: AHPs Deliver (2022-2027).

Programme Aims

The programme is intended to produce and provide physiotherapy graduates who:

1. are eligible to apply to the Health and Care Professions Council (HCPC) for registration to practice as a Physiotherapist.
2. have effective, communication, assessment, handling, rehabilitation, and team skills.
3. can effectively managing sports injuries from acute traumatic episodes through to enhancing sports performance.
4. are competent, autonomous and who provide effective person- centred care using evidence-based practice considering sustainable use of available resources.

5. are confident in their understanding of research methods and can construct and undertake research projects.
6. are confident leaders and critical thinkers, that are; proactive, creative and innovative and possess the skills to deliver and develop healthcare provision and sporting practice through leadership and enterprise.
7. will lead by example in the health, sport and social care workforce by encompassing the NHS values of care, compassion, competence, communication, courage, and commitment.
8. use reflective practice, are lifelong learners and are committed to the education of others.
9. are resilient, self-aware and have an understanding of the importance of their own health and well-being and the impact of that on their professional effectiveness to deliver care.
10. have social responsibility; value and promote health and well-being through sports and exercise, celebrate diversity, challenge social injustice, and champion equity, in all communities across the lifespan.
11. uphold professional standards across diverse work settings, with an awareness of their own personal and team responsibilities and who champion our profession.
12. can contribute to patient / athlete care and service development in contemporary physiotherapy practice through engagement with innovation in practice and integration of technology.
13. have specific sport and exercise physiotherapy knowledge and skills, preparing them for a career in this area of practice.
14. can create new knowledge in their field by devising and completing research.

Programme Learning Outcomes

Upon successful completion of this programme, students will be able to demonstrate achievement of the following learning outcomes:

To be eligible for the award of Certificate of Higher Education at level 4 of the Framework of Higher Education Qualifications (FHEQ), students will be able to:

1. understand Physiotherapy professional identity and display the professional skills, values, behaviours that influence patient-centred care within learning environments.
2. understand the wider determinants of health and apply the concept of making every contact count to foster positive and effective physiotherapist-patient relationships.
3. develop research and academic skills.
4. engage with reflective practice to identify own learning needs to develop and adopt strategies for building resilience, and for self-management of own health and well-being.
5. demonstrate knowledge of anatomy, physiology and common pathological, and normal ageing processes to inform basic clinical reasoning.

6. demonstrate competency in selecting and applying a range of Physiotherapeutic assessment and intervention skills.
7. demonstrate understanding and awareness of technology in health.

Additionally, to be eligible for the award of Diploma of Higher Education at FHEQ level 5, students will be able to:

1. evaluate the role of the Physiotherapist within the broader context of healthcare, sport and exercise medicine teams and systems.
2. demonstrate the ability to manage pitchside sports related trauma.
3. evaluate the selection of Physiotherapeutic assessment and intervention techniques, objective markers, and outcome measures.
4. demonstrate understanding of the quality review of research to inform clinical practice.
5. understand the importance of supervision and delegation in developing practice and apply to development of self and others.
6. succeed in placement learning, meeting the pass criteria of the national PSRB Common Placement Assessment Form Level 5.
7. critically appraise research to inform clinical decision making.
8. demonstrate the use and application of technology enhanced care delivery in an authentic environment.

Additionally, to be eligible for the award of Honours Degree of Bachelor at FHEQ level 6, students will be able to:

1. act as advocates by critically evaluating national and local health and social care policy, considering the implications on physiotherapy practice and how this informs quality improvement.
2. develop evidence-based and holistic rehabilitation plans for the patient / athlete to return to full function /sport.
3. construct a research proposal that demonstrates understanding of research methods in the context of physiotherapy practice.
4. undertake learning needs analyses to assess individual scope of practice and identify personal development needs (in relation to the four pillars of advanced practice)
5. succeed in placement learning, meeting the pass criteria of the national PSRB Common Placement Assessment Form Level 6.
6. defend and justify clinical decision making as an autonomous and collaborative practitioner.
7. develop, evaluate, and disseminate examples of patient care using digital platforms.

Additionally, to be eligible for the award of Degree of Master at stage 4 FHEQ level 7 students will be able to:

1. demonstrate criticality and synthesis evidence to promote exercise participation within sport, health, and social care settings.
2. demonstrate criticality of wider determinants of health and sporting performance factors across the life span to create individualised care.
3. generate new evidence and insight by undertaking a research project and synthesising findings.
4. demonstrate critical awareness of self and ongoing autonomous professional development with highly focussed needs analysis and action planning.
5. succeed in placement learning, meeting the pass criteria for M of the national PSRB Common Placement Assessment Form Level 6 level (must pass above grade of 50%).
6. demonstrate criticality in clinical decision making as an autonomous and collaborative practitioner.
7. critically inform the use of technology within physiotherapy and sports practice
8. meet the Health Care Professions Council (HCPC) standards of proficiency for physiotherapy and Chartered Society of Physiotherapists (CSP) Framework standards for new graduate Physiotherapists.
9. complete a minimum of 1000 hours of practice placement.

Curriculum

Stage 1/ Level 4

Level 4 introduces students to foundational theory and practice; semester 1 focus on anatomy and physiology and exercise theory and prescription in preparation for placement learning within our University of Bradford Physiotherapy Clinic. Within the clinic, students learn to apply communication skills, basic physiotherapy assessment and rehabilitation skills working with service users (patients) in a safe environment with a high level of staff supervision. Students will work within a culture of person-centred care, understanding the importance of people's lived experience. Students will be introduced to data collection. Theoretical and practical learning continues alongside clinic experience. Students will consider the role of physiotherapy in public health and explore health inequalities. Students will begin to develop an e-portfolio of their professional development which will be maintained throughout their programme of study.

FHEQ Level	Module Title	Core/ Option/ Elective	Credit	Study Period	Module Code
4	Clinical Knowledge Foundations	Core	20	ACYR	PAR4500-B
4	Foundations of Clinical Assessment	Core	20	ACYR	PAR4501-B
4	Exercise Theory and Prescription	Core	20	SEM 1	PAR4502-B
4	Personal and Professional Development 1	Core	20	ACYR	PAR4503-B
4	Investigating Health	Core	20	SEM 2	PAR4504-B
4	Health Promotion and Public Health	Core	20	SEM 2	PAR4505-B

In this academic year you will undertake the following hours of study:

- Face to face and Tutor Guided Study: 530
- Independent Study: 575
- Practice Placement: 88
- Mandatory Training for Placement: 12

At the end of stage 1, students will be eligible to exit with the award of Certificate of Higher Education Health Studies if they have successfully completed at least 120 credits and achieved the award learning outcomes.

THIS AWARD DOES NOT CONFER ELIGIBILITY TO APPLY FOR; REGISTRATION WITH THE HEALTH AND CARE PROFESSIONS COUNCIL (HCPC) OR MEMBERSHIP OF THE CHARTERED SOCIETY OF PHYSIOTHERAPY (CSP).

Stage 2/ Level 5

At level 5 students focus on consolidation and contextualisation of knowledge and skills gained at Level 4. The main focus of this year is developing assessment and rehabilitation skills and evaluating physiotherapy interventions appropriate for people with diverse clinical presentations across a range of health and social care contexts. Students will complete a 1-week orientation to placement with a local placement provider and will study assessment and rehabilitation skills in semester 1

and undertake two placement blocks in semester 2. During this year students begin their focus on sport and exercise medicine, learning practical skills and decision making in the 'Trauma Management' module. Students will build on level 4 research skills by learning to critically appraise and apply research evidence underpinning trauma management. Students will learn about and work collaboratively with other health and social care professions through their clinical placements, inter-professional education (IPE) events.

FHEQ Level	Module Title	Core/ Option/ Elective	Credit	Study Period	Module Code
5	M-Physiotherapy Year 2 practice placement A	Core	15	SEM 2	PAR5506-F
5	M-Physiotherapy Year 2 practice Placement B	Core	15	SEM 2	PAR5507-F
5	Fundamentals of Assessment and Rehabilitation	Core	30	SEM 1	PAR5502-C
5	Developing Physiotherapy Practice	Core	30	ACYR	PAR5503-C
5	Trauma Management	Core	20	ACYR	PAR5508-B
5	Personal and Professional Development 2	Core	10	ACYR	PAR5505-A

In this academic year you will undertake the following hours of study:

- Face to face and Tutor Guided Study: 402
- Independent Study: 542
- Practice Placement: 480
- Mandatory Training for Placement: 12

At the end of stage 2, students will be eligible to exit with the award of Diploma of Higher Education Health Studies if they have successfully completed at least 240 credits and achieved the award learning outcomes.

THIS AWARD DOES NOT CONFER ELIGIBILITY TO APPLY FOR; REGISTRATION WITH THE HEALTH AND CARE PROFESSIONS COUNCIL (HCPC) OR MEMBERSHIP OF THE CHARTERED SOCIETY OF PHYSIOTHERAPY (CSP).

Stage 3/ Level 6

At level 6 students will study 'Complex Case Management'; this module provides student with opportunity to integrate their practice placement experience of managing complexity and uncertainty with further development of theoretical concepts and evidence-based practice in preparation for qualified practice. Students will undertake a 1- week simulated placement to provide real time, acute care experience and a further placement block. Students will also consider the context of health and social care and will identify areas for improvement through a leadership and management module in which they will focus on the quality improvement process. Students build on the sport and exercise medicine theme with a focus on rehabilitation of sports injuries and return to sports. Students build on research learning gained in level 5, enhancing literature searching and critical appraisal to produce a literature review in a topic area of their choice and a research proposal for a project that they will undertake in the final year.

FHEQ Level	Module Title	Core/ Option/ Elective	Credit	Study Period	Module Code
6	M-Physiotherapy Year 3 Practice Placement	Core	20	ACYR	PAR6507-B
6	Complex Case Management	Core	20	ACYR	PAR6502-B
6	Critiquing Research	Core	15	SEM 1	PAR6508-F
6	Designing Research	Core	15	SEM 2	PAR6509-F
6	Leadership and Management	Core	30	ACYR	PAR6503-C
6	Injury rehabilitation	Core	20	SEM 1	PAR6510-B

In this academic year you will undertake the following hours of study:

- Face to face and Tutor Guided Study: 247
- Independent Study: 796
- Practice Placement: 243
- Mandatory Training for Placement: 12

Students will be eligible to exit with the award of Ordinary Degree of Bachelor Health Studies if they have successfully completed at least 300 credits and achieved the award learning outcomes.

THIS AWARD DOES NOT CONFER ELIGIBILITY TO APPLY FOR; REGISTRATION WITH THE HEALTH AND CARE PROFESSIONS COUNCIL (HCPC) OR MEMBERSHIP OF THE CHARTERED SOCIETY OF PHYSIOTHERAPY (CSP).

Students will be eligible for the award of BSc (Honours) Sport & Exercise Medicine if they have successfully completed at least 360 credits and achieved the award learning outcomes.

THIS AWARD DOES NOT CONFER ELIGIBILITY TO APPLY FOR; REGISTRATION WITH THE HEALTH AND CARE PROFESSIONS COUNCIL (HCPC) OR MEMBERSHIP OF THE CHARTERED SOCIETY OF PHYSIOTHERAPY (CSP).

Stage 4 / Level 7

At level 7, students are working at Master's level. There is a greater focus on sport and exercise medicine with the 'Enhancing Sports Performance' module focusing on developing the performance of an individual athlete the 'Wider Determinants of Physical Activity' by contrast, has a broader public health agenda. Students will develop their research skills by undertaking their research project they initiated at Level 6. Students will be supported in their transition to Level 7 through taught content in modules, signposting to academic support services and the library. In addition bespoke resources specifically designed for the programme are available for support with level 7 writing.

Students will complete one further practice placement in this final year; this is incorporated into the employability and professional development module. The placement is assessed at level 6 with a pass mark of 50% in line with professional body requirements. This is a pass/ fail component of the module. The final placement offers optionality in terms of both focus and timing. As part of the assignment for the employability and professional development module students will be required to critically narrate their development against the pillars of practice. This placement provides students with the opportunity to take placements with an education, leadership or research theme, whilst the clinical pillar can have a specific sport and exercise medicine focus. Students will undertake placement hours over an extended period. This flexibility facilitates access to placements where a traditional 'block placement' approach is neither feasible nor appropriate, for example working with a non-professional sports team. All students will be allocated a link tutor, who will support them throughout their 'long and thin' final year placement and with their submitted portfolio. Students will use their e-portfolio initiated in the first year to prepare for graduate employment and will be supported with the application and interview process.

FHEQ Level	Module Title	Core/ Option/ Elective	Credit	Study Period	Module Code
7	Enhancing Sports Performance	Core	30	SEM 1	PAR7500-C
7	Wider Determinants of Physical Activity	Core	30	SEM 2	PAR7501-C
7	Implementing Research	Core	30	ACYR	PAR7502-C
7	Employability and Professional Development	Core	30	ACYR	PAR7503-C
7	Practice Placement Hours	Core	0	ACYR	PAR7504-Z

In this academic year you will undertake the following hours of study:

- Face to face and Tutor Guided Study: 223
- Independent Study: 740
- Practice Placement: 225
- Mandatory Training for Placement: 12

Students will be eligible for the award of Degree of Master if they have successfully completed at least 480 credits and achieved the award learning outcomes. The title of this award will be M-Physiotherapy (Sport and Exercise Medicine)

THIS AWARD CONFERS ELIGIBILITY TO APPLY FOR a) REGISTRATION WITH THE HEALTH AND CARE PROFESSIONS COUNCIL (HCPC) AND b) MEMBERSHIP OF THE CHARTERED SOCIETY OF PHYSIOTHERAPY.

Learning, Teaching and Assessment Strategy

Our programme takes an incremental approach to learning, meaning modules build on student's knowledge and skills over time with themes being revisited and further extended as they journey through the curriculum. The four pillars of advanced practice (clinical, research, education, and leadership) are used as a framework to construct the curriculum and to provide demonstrable linkage between modules and levels. The modules within the 'sport and exercise pillar' are similarly intended to interlink and develop knowledge.

We use a variety of research informed learning and teaching methods to enable the acquisition and consolidation of new knowledge and skills to relate to and build on

previous learning. The students' programmes of study will expose them to a range of different research informed learning and teaching strategies, including lectures to introduce core concept, small group work within seminars and practical classes enabling students to work through complex problems, with an emphasis on depth of content and learning, tutor guided learning engaging with interactive learning objects on our Virtual Learning Environment (VLE), tutorial, where a small group of students reflect and discuss issues related to their project work, simulation and practice. Practical classes provide opportunity for students to role play as physiotherapist and patient to practice these skills prior to working with patients. When students act as the patient model, they benefit from kinaesthetic learning which supports the development of their own practice skills, and they gain empathy and understanding in how therapeutic handling feels for patients. In addition, this practice plays a vital role in providing peer feedback.

Our experts by experience group work with our programme team to develop authentic case scenarios and supporting resources to support digital learning through our VLE learning objects and simulated practice. Students will develop communication and team working skills through working with peers within physiotherapy and across our health and social care professions, and with our experts by experience in our inter-professional education (IPE) events.

Simulated learning using digital technology is used to contextualise complex case scenarios. Students will gain experience working in a simulated critical care scenario. This enables students to practise technical skills and develop clinical reasoning in a safe context. Our university-based clinic provides real world experience; in the first-year foundational skills are contextualised within this environment where students can develop theoretical knowledge and fundamental clinical skills through working with clinic patients.

In addition to face-to-face learning; tutor guided learning is provided through our VLE, Canvas, which hosts a wide range of interactive learning objects. These include recorded tutor talks, video resources, blogs and vlogs, quizzes and designed to provide a flipped classroom through introducing knowledge and concepts and developing independent learning prior to face-to-face learning. Further resources are provided for consolidation of learning. The VLE provides opportunity for both live online tutorial sessions and asynchronous activity through discussion boards. This enables students to reflect and discuss issues related to their project work, simulation and practice placement.

Students are also allocated a research supervisor in year 3 to support development of the research process – through critiquing the literature and the development of the research proposal. This tutor will support the research project in the final year and the transition into level 7. Students will also be supported academically through the library and specifically through a programme librarian, who they will have met throughout the programme. They will help to support literature searching, a continuation of support from Level 6. Academic skills are embedded into the final year to support students to Masters level critical thinking and writing.

Practice placements for the programme reflect the scope of physiotherapy and students will undertake placements from across the range. Students will undertake a range of placements within health and social care; these placements are mostly within the Bradford and Airedale area and students will need to commute to those areas. Some consideration for placement allocations may be made if students have significant disabilities or health problems which require reasonable adjustment. In addition all students will undertake some sports related placement activity.

We use a diverse range of assessment strategies that accommodate different learning styles. This varied approach seeks to facilitate the development of competent clinical practitioners and graduates with flexibility and transferrable skills that are valued both in higher education and in employment. Optionality of topic is offered within some module assessment; for example, students will draw on their individual placement experience to select their own complex case, they will develop their own topic for research and quality improvement project. In the final choose their focus for both the practice placement and their choice of resources in widening determinant of physical activity project. Some modules offer optionality in the assessment product, where students may choose which medium to present their work.

Summative assessments (assessments that contribute to module marks) are designed as authentic tasks that mirror the physiotherapy role in clinical practice; these include practical exams, written reflections, the development of a research proposal and the focus on the quality improvement process. Practical, written and viva exams assess clinical reasoning skills as is appropriate to the module learning outcomes. Students are encouraged to act as model for their peers in practical classes and exams. The development of research skills is assessed through small tasks as part of a patchwork assessment at level 4, a critical review of literature at level 5, a research proposal at level 6 and final project at Level 7. Professional development is assessed through activities related to developing a continuing professional development portfolio across the programme.

To promote the values of inclusivity, the time allocation for assessments factors in additional time commonly recommended in learner support profiles. The length of the assessment is therefore dictated by a list of indicative questions, rather than the timeframe itself. As such, if students are entitled to additional time as part of a learner support profile, students are anticipated to use the maximum permitted time, whilst others are anticipated to finish earlier. Where modules offer this, the module handbook will indicate that inclusive assessment is being applied.

Formative assessment is embedded into module teaching to ensure that all student access this support. Our approach to formative assessment reflects the growth of students as they progress through the programme, becoming more independent adult learners. At level 4, formative assessment is more structured with more emphasis on tutor feedback; at level 5, students are expected to engage in peer feedback and at level 6 formative feedback is more student led and includes self-assessment. Students will be provided with formative feedback throughout their

studies by experts by experience, contributing to the development of essential clinical and patient communication skills.

Assessment of practice placement uses the CSP's Common Placement Assessment form (CPAF). No placement can be taken at the higher academic level until all placements at the lower level have been completed. For example, no placements can be taken at Level 6 CPAF until all placements assessed at Level 5 CPAF have been passed. Students who fail two placements in an academic year will normally be required to withdraw from the programme.

Timing of assessments:

As the programme runs outside of standard university semesters to accommodate the required 1000 placement hours stipulated by the professional body – The Chartered Society of Physiotherapy and Module assessment dates are not confined to standard assessment weeks to accommodate the placement schedule. Within these confines assessments and hand in dates are staggered.

External Examiner

As part of the assessment regulations for the programme an external examiner is appointed. This must be an HCPC registered Physiotherapist with appropriate qualifications and experience as required by the University of Bradford

Assessment, Continuation and Award Regulations

This programme follows the Assessment, Continuation and Award regulations published on the University's website (<https://www.bradford.ac.uk/media-v8/ageo/regulations/Regulation-2-Undergraduate-Assessment-Continuation-and-Award-1.0b.pdf>) for undergraduate courses (Regulation 2) with variance from the regulations as outlined below and documented in the Variance Register:

- Variance from 4.2 - Students must achieve at least the pass mark stated in the module descriptor for all individual components within each module, to pass all modules on the programme.
- Variance from 4.2 - Variance from 4.2: Continuation into stage 3 will not take into consideration whether the modules BSc Year 2 Practice Placement A (PAR5500-F) and/or BSc Year 2 Practice Placement B (PAR5501-F) have been passed. Therefore, continuation between stage 2 and stage 3 will be permitted if at least 70 credits have been passed.
- Variance from 6.2 and 6.3 - A maximum of two attempts is permitted for placement modules unless where there are approved extenuating circumstances.
- 7.1 Programme specific calculation -The MPhysio award is calculated based on 0:10:20:70 average of the best 100 credits at Stage 1 for 0%, Stage 2 for 10%, stage 3 for 20% and stage 4 for 70%.

Programme Operational Plan

Operates outside of standard university semesters to accommodate the required 1000 placement hours stipulated by the professional body – The Chartered Society of Physiotherapy.

Module assessment dates are not confined to standard assessment weeks to accommodate the placement schedule.

Assessments relating to referred credits from the previous stage will be taken within semester 1.

The sequencing of placement opportunities may be adjusted to support students to complete the programme.

Admission Requirements

1. The University welcomes applications from all prospective students and most important in the decision to offer a place is our assessment of an applicant's potential to benefit from their studies and of their ability to succeed on this programme.
2. This programme is designed to prepare students to work in the sport and exercise environment with the additional sports pillar ensuring that graduates have a competitive advantage over students graduating from a BSc (Honours) Physiotherapy Programme. The additional level M level research requirements and options for final placement enable students to tailor their programme to their professional interests. Although focused on the field of sport and exercise medicine, this programme also prepares students to meet the requirements to work within health and social care environments.
3. In consideration of applicants, it is important that they demonstrate awareness of the sport and exercise environment and consider the value of the additional training. Many graduates are likely to work in a non-sporting environment, at least initially, and it is vital they understand how the additional skills and knowledge can be applied to any environment.
4. Consideration of applications will be based on a combination of formal academic qualifications and other relevant experience. All applicants must satisfy the minimum entry requirements of the School which are 128 UCAS points on the UCAS tariff system gained from A levels, BTEC, access course or equivalent. Applicants must also have a minimum of GCSE passes at grade 4 (old grade C) or above to include English Language and Mathematics. Applicants with a non-traditional education background are considered, even if they do not fulfil the above criteria provided that there is evidence of appropriate level 3 study. Contextualised offers may be made in line with the University of Bradford Access and Participation Plan.
5. In addition to academic entry requirements applicants must also demonstrate an understanding of physiotherapy. This may be demonstrated through research into the profession via the internet, publications, or appropriate work experience. Offers are made after consideration of each individual application and interview. We also welcome international students onto this programme. International students must also meet minimum English

language levels: IELTS – an overall band score of 6.5 with no sub-set less than 6.0.

All places are offered subject to occupational health screening and a satisfactory Disclosure and Barring Service (DBS) disclosure. International students will be permitted to start the programme with a Police check in place, in Year 1 Semester 2 of starting the programme students will be required to have completed the Enhanced DBS check to fulfil the requirement that all students are required to complete a DBS within 6 months of commencing the programme.

The current tariff and accepted qualifications for entry onto the programme, is published at [MPhysiotherapy - Sport and Exercise Medicine degree - University of Bradford](#)

External Frameworks

[standards-of-proficiency---physiotherapists.pdf \(hcpc-uk.org\)](#)

[standards-of-education-and-training.pdf \(hcpc-uk.org\)](#)

[QA processes April 2022.pdf \(csp.org.uk\)](#)